

Fact Sheet for “It Is Fitting” Psalm 92:1-15

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Last week we took a look at Psalm 13, a psalm of David. He begins that psalm with these words: “How long, O LORD? Will you forget me forever? How long will you hide your face from me? But then, before God has helped him, he comes around with these words: “But I have trusted in your steadfast love; my heart shall rejoice in your salvation.” When discouragement hits this may seem really tough to do, but it is fitting none the less. God hasn’t changed. He is still in control. It’s our feelings that sometimes get in the way.

Psalm 92 is a psalm of praise. It is a psalm with a unique title.

^{ESV} ***A Psalm. A Song for the Sabbath.***

There is no other Psalm with this title. It’s a title that reminds us to always give praise to God.

“Jewish tradition assigned one psalm to each day of the week: Sunday (Ps 24), Monday (Ps 48), Tuesday (Ps 82), Wednesday (Ps 94), Thursday (Ps 81), Friday (Ps 93), and the Sabbath (Ps 92).”¹

**¹ It is good to give thanks to the LORD,
to sing praises to your name, O Most High;**

This is a statement of the Psalmist to God, but it is also a statement that we should echo. (Consider the title.) This is a statement that we should make to God.

**² to declare your steadfast love in the morning,
and your faithfulness by night,**

“steadfast love” is a term that is used often of God (consider Lamentations 3:22).
“faithfulness” is the word we get “amen” from (consider Lamentations 3:23).

**³ to the music of the lute and the harp,
to the melody of the lyre.**

**⁴ For you, O LORD, have made me glad by your work;
at the works of your hands I sing for joy.**

Remind yourself always of what the Lord has done for you!

**⁵ How great are your works, O LORD!
Your thoughts are very deep!**

The word “very” is emphatic! God’s great works spring from his great thoughts. Also remind yourself always of who God is (God’s thoughts)!

**⁶ The stupid man cannot know;
the fool cannot understand this:**

^{NKJ} **Psalm 92:6** A senseless man does not know, Nor does a fool understand this.

¹ NLT Study Bible.

See Proverbs 1:22; 10:23.

**⁷ that though the wicked sprout like grass
and all evildoers flourish,
they are doomed to destruction forever;
⁸ but you, O LORD, are on high forever.**

Note the contrast between the eventual end of the wicked and what is true of the Lord. Think about the things that are happening in our society. What will the eventual outcome of those things be?

**⁹ For behold, your enemies, O LORD,
for behold, your enemies shall perish;
all evildoers shall be scattered.**

Note that the right response to God is to avoid wickedness and live righteously.

**¹⁰ But you have exalted my horn like that of the wild ox;
you have poured over me fresh oil.**

**¹¹ My eyes have seen the downfall of my enemies;
my ears have heard the doom of my evil assailants.**

Don't be fooled, God will judge sin! (See Revelation 20:10, 15)

**¹² The righteous flourish like the palm tree
and grow like a cedar in Lebanon.**

Read Psalm 1:1-3.

**¹³ They are planted in the house of the LORD;
they flourish in the courts of our God.**

The temple was adorned with carvings of palm trees (1 Kings 6:29, 32, 35; 7:36). Cedar was used extensively in the temple (1 Kings 5:6). These trees represent the godly.

Now I am well aware of the differences between the Jewish temple and the church, but there are still some similarities here. You can't profess to love Jesus well and avoid his church (see Matthew 16:18).

**¹⁴ They still bear fruit in old age;
they are ever full of sap and green,**

Think about those dear saints that have had a ministry into old age. What is their commitment to righteousness?

**¹⁵ to declare that the LORD is upright;
he is my rock, and there is no unrighteousness in him.**

See 1 John 1:5.

God is your rock. There is none other.

Each of us has a choice when it comes to the things that discourage us. We can brood over the things that give us problems. We can rehearse those things over and over in our minds. Or we can focus on God, what he has done for us, and who he is. Now think about this. It's impossible to do both at the same time. One crowds out the other. If you want to climb out of the pit of discouragement you have to look up.